



Wells Fun RUN



Dear Runner

Wells Fun Run – Sunday 29 May 2016

Thank you for entering the Wells Fun Run.

With about two weeks' to go before the race, this letter has essential information for race day. If you have questions after you have read this then please ask.

RACE HQ

The race HQ is Wells Town Hall, in the Market Place, postcode BA5 2RB.

You need to collect your race number and timing chip on arrival.

Please arrive in plenty of time for this.

START

Please note the start times:

10.30am	5K
10.35am	1.2K
10:40am	Junior (500m) [from the Recreation ground]
11:00am	10K

Most races start from the Market Place, just outside the race HQ. The race for juniors under the age of 8 years will again be held in the Recreation Ground (between the High Street and Silver Street) – if you are unsure of the location of the recreation ground then you might like to assemble outside the Town Hall, from where a group will be leaving at 10.15am to go to the start in the Recreation Ground.

EARPHONES

It is not safe to take part wearing headphones or earpieces, since they would make it more difficult for you to hear traffic or marshals instructions, so.....

NO PERSONAL STEREOS, PLEASE

GETTING THERE

Please do not park in St Thomas Street – we have had complaints from a resident about poor visibility because of too many parked cars.

Car parking is available in the Whiting Way (Waitrose), Union Street and Tucker Street 'pay and display' car parks (please do not park in the Market Place!) - locations are listed

[http://en.parkopedia.co.uk/parking/wells_somerset_ba5/?embed=750x400&l=1&tc=1&zc=1&country=UK&ts\[\]=4&ts\[\]=3&ts\[\]=2](http://en.parkopedia.co.uk/parking/wells_somerset_ba5/?embed=750x400&l=1&tc=1&zc=1&country=UK&ts[]=4&ts[]=3&ts[]=2)

Roads will be closed from 10:00am and during the races, so please arrive in plenty of time.

SAFETY

The roads will be closed to traffic from 10am, but please be aware that, despite our best efforts, **vehicles can stray onto the route**. First aid cover, including at the start and finish, will be provided by St John Ambulance at the Race HQ and the finish.

RACE NUMBER and TIMING CHIP

Your race number should be secured to the front of your clothing.

The timing chip is on the reverse of the race number. There is no additional device to wear.

ROUTE

There will be a cyclist leading the race for the leaders to follow, and a route map on display at Race HQ.

The junior race starts in a different place from the others – in the recreation ground. Meet outside the Town Hall for departure at 10:15am if you are unsure of how to get there. The race starts in the Recreation Ground behind the Town Hall, goes past the band stand and turns left onto the moat walk. It finishes at the same place as the other races.

The 1.2K race starts in the Market Place, goes down the High Street, left into St John Street, turns right along part of Southover and then left into Silver Street and back to the moat.

The 5K race starts in the Market Place, goes down the High Street, left into St John Street, turns right along part of Southover and then left past the end of Silver Street, through Palace farm, out to Dulcote along the cycle track, back into Wells along the B3139 and alongside the moat of the Bishop's Palace. There are distance markers every 1km. It is mostly flat with one 30m hill 4K (and 9K) into the course.

The 10K race is two laps of the 5K route.

Please be guided by marshals at Dulcote, where the 5K and 10K routes may differ slightly, and at the end of the first lap, where the 5K and 10K routes diverge.

FIRST AID

First aid cover is provided by St John Ambulance and is available at the start and the finish, and around the course from cycle response units. Please tell a marshal (wearing a hi-viz tabard) if you feel unwell.

TOILETS & FACILITIES

Please do not use the loos in the Bishops Palace unless you are a paying customer. There are public toilets just off the Market Place (which will, we are assured, will be opened on time this year), and additional loos behind the Town Hall.

There is also baggage storage available in return for a donation to charity (please note that items are left at your own risk). You can change under cover in the Town Hall, but there is no separate changing area and there are no showers. You can change at the Wells Leisure Centre and jog to the start:

<http://www.fusionsportandfitness.com/centre/wells>

There are a number of cafes and restaurants (for food and drink) in the Market Place.

WATER STATIONS

There are water stations at 3.5K (just before the hill), 5K (outside the Bishop's Barn in Silver Street) and again at 8.5K

Water will be available at the finish for all races. Please make sure that you do not dehydrate. This is especially important if (dare we say it?) it is a hot day.

RESULTS

The results will be posted on the race website: <http://www.wellscityharriers.org.uk/wells>

We will also try to display provisional results in the Town Hall as soon as they are available after the race – please tell Full On Sport if you think there is a mistake in the results!

INDIVIDUAL PRIZES

The presentation of prizes are at approximately:

11:05am 1.2K and Junior race prizes (at the finish)
12:15pm 5K and 10K (in the Town Hall)

Prizes for the Juniors (under 8s) race are:

- 1st, 2nd, and 3rd female and male

Prizes for the 1.2K race are:

- 1st, 2nd, and 3rd female and male
- 1st 8 year old female and male
- 1st 9 year old female and male
- 1st 10 year old female and male
- 1st 11 year old female and male

Prizes for the 5K and 10K races are:

- 1st, 2nd, and 3rd female and male
- 1st U19, F35, F45, F55, F65 female
- 1st U19, M40, M50, M60, M70 male
- 1st local (BA5 postcode) female and male

Only one individual prize will be awarded to each competitor, which are awarded in the order listed above.

TEAM PRIZES

There will be one team prize for the 1K event (teams of 3 runners or more, fastest 3 to score).

There will be two team prizes for the 5K race:

- corporate challenge (largest unaffiliated team to finish wins)
- school shield (teams of 3 runners or more, fastest 3 to score)

There will be one team prize for the 10K (teams of 3 runners or more, fastest three to score).

Please note that membership of a club does not automatically mean that you are in a team representing that club. If you did not explicitly declare your membership of a team on your entry form then please ensure you tell us before the race starts.

PHOTOS

Photographs of the event will be available a day or so after the event from

<http://www.charleswhittonphotography.com>

Runners in the 5k race are eligible for a free download. Instructions for download will be posted on the race website:

<http://www.wellscityharriers.org.uk/wells>

FINALLY

We hope you will enjoy the event. See you there!

Andrew Deamer

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Race Director

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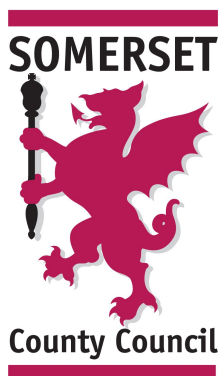
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