

Wells City Harriers

Junior information letter Summer 2010

www.wellscityharriers.org.uk

For the Monday training session at Millfield.
Sessions start at 5.50pm for registration &
Finish at 7.15pm (not on Bank Holidays or Aug 23rd)



Dear all,

The track & field season has gone really well for many of our juniors – whether when competing at their schools events, or at the various competition opportunities with the combined Yeovil and Wells team that competes at the South West League Division One or the National Young Athlete League.

HAIL THE ENGLISH CHAMPION!



The Club's Laura Parker in action competing for England

Well done to Laura – she is the 6th athlete from the Harriers ranks to gain a senior England or Team GB vest. She is also the national u23 Steeplechase champion.

Laura started training with the Harriers when she was aged 12 and made the regular journey from her home every week to develop her endurance running. Some 8 years on and we now have a champion!

English Schools Track & Field Championships

Well done to the Wells City Harriers selected for the prestigious English Schools Track and Field championships held on Friday July 9th and Saturday July 10th at the Alexander Stadium, Birmingham, on both days. Live on SKY TV!

Junior Girls: Roo Black (High jump); Emily Smith (1500m);

Inter Boys: Sam Bedford (800m)

Also well done to YOAC's Junior Boy Matthew Cole for his selection. Matt will be familiar to those of us who compete at cross-country where he joins us as part of the composite Wells & Yeovil team

MONDAY SESSIONS – Please Remember to wear suitable clothing and bring water and a waterproof training jacket just in case it ever rains! Our aim is to offer the younger athletes up to two events per Monday, although some of the older juniors start to specialise with just one event per week by the age of 11.

The cost of attending the Monday evening sessions is **£1.50** for Harrier members and **£2.50** for non-members. The Membership year started from April 1st and will run to March 2011. The form is on the website. Membership cost £10 for age 10 and under; £12 for those aged 11 & upwards (inc UKA membership for those who compete for the Club)

NO MONDAY SESSIONS ON THE FOLLOWING DATES IN AUGUST DUE to HOLIDAYS:

Monday Aug 23rd (& no session on Aug 30th due to Bank Holiday Monday)

Club Vests are £10 if purchased when you first join, and £14 (inc free shorts whilst available) at any time after that. Contact kitmanagerjuniors@wellscityharriers.org.uk (01963 359524). The Club Hoodies are £15.50. See website for other information.

RUNNING, JUMPING & THROWING days

Many juniors attended our Running, Jumping & Throwing day at Easter and the performances are on the website under Results. We will have our usual Summer training camp on **Monday & Tuesday July 26th & 27th** – we still have places left. Book early for a discounted £25 (for 2 days) by July 11th.

TRACK & FIELD COMPETITION OPPORTUNITIES COMING UP

For those aged 11 upwards as part of the strong Yeovil & Wells team twice a month competition opportunities at Track & Field – Division One of the SW League; and National Young Athletes Lge. Speak to the coaches about these matches, and then contact team managers direct to book your place. Yeovil Games on Sunday Aug 29th suitable for all aged 11 upwards – see website.

The Final SW League match is on Sunday Sept 5th – the team is top after three matches but we are being chased by Taunton AC & Cornwall AC. Please advise team managers straight away if you want to be selected.

Also road races: at Baltonsborough on Mon Aug 30th 1.5 mile road race: suitable for juniors age 8+ 11.00am (see website).

Aldershot Road Relays on Sunday Sept 26th suitable for age 11 and upwards – great team outing!

CONTACT DETAILS

Kaye Watts 01749 347557

Paul Chadwick 01749 812420

BRING A FRIEND TO COME & TRY ATHLETICS....

Give this tear off strip to a friend to encourage them to come and have a go at our training evening on a Monday Eve at Millfield track for FREE!

NAME:

CONTACT DETAILS:

Training every Monday 5.50pm to 7.15pm– no training on Bank Holidays or Aug 23rd.