



# Gillingham Hilly 7.5 7<sup>th</sup> November 2010 at 11 am



11 am Start from Wyke Primary School, Gillingham, Dorset, SP8 4SH.

A Road Race organised in accordance with England Athletics rules. Permit Number: 2010-101032

SEEA Measured 7.426 miles, 7 mile 767 yards Certificate No: 03/085

The route is a single loop on hilly, scenic country roads.

Dogs, wheelchairs and baby buggies are not allowed.

Changing facilities available. Sorry no showers.

Restricted to 250 entrants. Minimum age 16 years old.

### Prize categories

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Open Male and 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Open Female

40+, 50+, 60+, 1<sup>st</sup> Male and Female

1<sup>st</sup> Junior (16/17) Male and Female

1<sup>st</sup> Local Male and Female

1<sup>st</sup> Male and 1<sup>st</sup> Female team: 3 to count based on aggregate time.

Competitors can win only one prize (except team prize) and will be considered in the Open category first.

Entry Fee £6 affiliated, £8 unaffiliated

Entry on day £2 extra, subject to field not being full, between 9:30 and 10:45

SAE to Inès Braun, 12 Fairmont Terrace, Sherborne, Dorset, DT9 3JS

Cheques payable to Gillingham Trotters

Last date for postal Entries 30<sup>th</sup> October 2010

Email [GillinghamTrotters@hotmail.com](mailto:GillinghamTrotters@hotmail.com) Web page <http://gillinghamtrotters.talktalk.net>

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SURNAME	<input type="text"/>	FORENAME	<input type="text"/>
EA AFFILIATED CLUB	<input type="text"/>		
AFFILIATION NUMBER	<input type="text"/>		
GENDER	<input type="text"/>	AGE	<input type="text"/>
		DATE OF BIRTH	<input type="text"/>
ADDRESS	<input type="text"/>		
TELEPHONE	<input type="text"/>		

FEE: £6 AFFILIATED, £8 UNAFFILIATED (EOD + £2)

I accept the UK Athletics rules and declare that I will compete on foot and at my own risk and in no way hold the organisers responsible for any injury, illness or accident (including death) to my person and property.

We are unable to accept entries from anyone who does not want their name and race number entered on a computer.

SIGNED:

Parent or guardian for under 18s