

# CHEDDAR GORGE CHALLENGES

in Cheddar Gorge, Somerset  
[www.cheddarchallenge.com](http://www.cheddarchallenge.com)

## CHEDDAR CHASE

Approx. 13km **Fell Run**  
Registered with the Fell Runners Association

**Sunday 16 May 2010 at 11.00am**

The Cheddar Chase offers runners a challenging 13km multi-terrain route with some serious climbs rising to 800 feet above sea level, but with the compensation of superb views down into Cheddar Gorge and out across the Somerset Levels.

Starting in the shadow of 450ft High Rock in Cheddar Gorge, this scenic run leads first to the 274 Steps up the side of the Gorge into "Cheddar Caves & Gorge" Nature Reserve, along the cliff top, tracing a figure of eight route through this Area of Outstanding Natural Beauty, across fields and along tracks to the Roman lead mines at Charterhouse, back along the cliff top on the north side of Cheddar Gorge and returning to the base of High Rock.

Entry Fee: £8.00

Entry limit: 150 runners

**NO ENTRIES ON THE DAY**

Prizes for 1st, 2nd, 3rd senior male and female and 1st and 2nd MV40 and FV40.  
One individual prize per competitor.

Running numbers and race information will be posted to entries received on or before 07 May.

Cashed cheque means a successful entry.

Memento to all finishers.

All proceeds to "Help for Heroes"

**Enquiries: Elly Milln c/o Cheddar Caves & Gorge 01934 742343 [elly@cheddarcaves.co.uk](mailto:elly@cheddarcaves.co.uk)**

Please detach and return

First Name

Surname

Race Number

Address

Post Code

Tel No

E-mail

Expected Time

Age on Race Day

(min age 18yrs) M / F

Please read, sign and date this declaration

I understand that this race is held in accordance with both the Rules and Safety Requirements of the Fell Runners Association. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. I declare that I am fit to run and understand that I compete at my own risk and that the Organiser cannot accept any responsibility for personal accident, loss or damage to equipment, personal effects or any public liability. Under the Data Protection Act I agree to my details being stored on computer for the purpose of organising the 'Cheddar Chase'

Signed

Date

Please return your completed Entry Form together with your cheque and a self addressed A5 envelope to:  
Elly Milln, c/o Cheddar Caves & Gorge, Cheddar, Somerset BS27 3QF  
(Cheques payable to : 'E. Milln (Cheddar Chase)')